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**A Study of The Healing Power of Myths in The Novels in  
Chitra Banerjee Divakaruni**

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**ABSTRACT**

Chitra Banerjee Divakaruni's novels vividly illustrate the healing power of myths, weaving traditional stories into contemporary narratives to address personal, social, and emotional challenges. In her works, myths are not merely ornamental; they serve as frameworks through which characters confront trauma, identity crises, and cultural dislocation. By reinterpreting Indian mythology, folklore, and epic narratives, Divakaruni provides her characters often women with archetypal guidance, moral insight, and emotional resilience, allowing them to navigate the complexities of migration, gender oppression, and generational conflict. Her stories demonstrate how myths act as a bridge between past and present, offering continuity and a sense of belonging amidst cultural and personal upheaval. The symbolic and allegorical dimensions of myths in her novels encourage introspection and catharsis, helping characters to reconcile conflicting desires, confront grief, and rediscover inner strength. Moreover, Divakaruni's narrative technique often blends myth with realism, creating a hybrid space where imagination becomes a therapeutic tool, fostering healing and empowerment. By highlighting the transformative and restorative potential of myths, Divakaruni emphasizes that storytelling is not just entertainment but a vital cultural and psychological resource, capable of nurturing resilience, understanding, and personal growth in the face of life's challenges.