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Impact of Soft Skill Training on Emotional Intelligence Development in Nursing Students of Wayanad

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ABSTRACT

Emotional intelligence (EI) is a critical competency for nursing professionals, enabling effective communication, empathy, and holistic patient care. The present study aims to evaluate the impact of soft skill training on the development of emotional intelligence among nursing students in selected colleges at Wayanad. A quasi-experimental design was employed, involving 60 nursing students who were divided into experimental and control groups. The experimental group received a structured soft skill sensitization program focusing on communication skills, stress management, empathy, and conflict resolution over a period of four weeks. Emotional intelligence levels were assessed pre- and post-intervention using the standardized Emotional Intelligence Scale. Data analysis revealed a significant improvement in the EI scores of the experimental group compared to the control group, indicating that targeted soft skill training effectively enhances emotional intelligence among nursing students. The study highlights the importance of integrating soft skill development programs into nursing curricula to promote professional competence, empathetic patient care, and effective interpersonal interactions.